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Helping to minimize the effects of original sin in your Garden of Eden!

Monthly Horticultural Newsletter is distributed free of charge each month by Jungle Taming, LLC, an upscale yard restoration landscaping company proudly serving the Columbia, SC area.

Visit www.JungleTaming.com for more information.

To include Monthly Horticultural Tasks in YOUR newsletter, contact Anne Reynolds:

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## Miss Patsy's Secret Weapon Recipes

## **Green Meadow Mountain Cauliflower**

Written by Patsy Cowart

This dish complements your favorite meats. A favorite for summer meals!

#### Ingredients

- 1 medium-sized head of cauliflower
- 1 cup mayonnaise
- 3 teaspoons prepared mustard
- 1 teaspoon dry mustard
- 4 ounces sharp Cheddar cheese, shredded
- 16 ounces frozen English peas

Place whole head of cauliflower, stem end down, in an 8-inch glass pie plate. Cover with plastic wrap. Microwave on HIGH 7 to 8 minutes or until tender.



Mix mayonnaise, prepared mustard, and dry mustard in a bowl. Pour mayonnaise mixture over top of cooked cauliflower. Sprinkle with shredded cheese. Microwave at HIGH 1 minute to melt cheese.

Cook peas according to instructions on package, season to taste (salt, pepper and butter) and spoon around cooked cauliflower.

Yield: 4 servings.

Enjoy!



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### <u>Disclaimer</u>

The information in this newsletter has been compiled by local experts in horticulture and landscaping, and combines scientific and practical applications of horticultural theory. Suggestions are general, and individual results may vary.

### **About the Author**



**Patsy Cowart**, "Miss Patsy," is the eldest of four children, all born in a country house built before 1900. She was taught to cook at an early age by her mother, Miss Mildred Ross. It was and still is a sign of respect in certain pockets of Kershaw county to refer to locals by their name with Miss or Mr. preceding the first name. Simple home cooking was the rule of the day, and nothing was thrown away. A cook book was hardly followed and recipes were shared using terms like "use a pinch of this, pinch of that," and "add to taste." Miss Patsy is pretty darn good cook—so Professor Ron married her 41 years ago.

# **About Jungle Taming**

**Jungle Taming, LLC** is an upscale yard and garden restoration company that specializes in pruning, cultivating and uncovering hidden beauty from overgrown landscapes. Call Jungle Taming for fence line cleaning, ivy and weed removal, bed improvement, trimming and cleaning shrubs, tree trimming, debris removal, herbicide application and much, much more.



Owner **Bill Kunze**, certified in Landscape Management, has over 15 years of hands-on experience in the Midlands area. For more information, contact Jungle Taming at (803) 463-2655 or email info@JungleTaming.com. Or visit the website: www.JungleTaming.com.



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